













| Everyday<br>favourites |          | Mid-week<br>roast |          | Take-away<br>dav |  |
|------------------------|----------|-------------------|----------|------------------|--|
| MONDAY                 | TUESDAYY | WEDWESTOEW        | THURSDAY |                  |  |

## SAMMY SWEETCORN SAYS...

Enjoy your



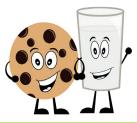
| OPTON        | Pork Sausages<br>& Gravy           | BBQ Chicken                     | Roast Chicken<br>with Stuffing<br>& Gravy | Spaghetti<br>Bolognaise          | Fish Finger                                                         |
|--------------|------------------------------------|---------------------------------|-------------------------------------------|----------------------------------|---------------------------------------------------------------------|
| OPTION 2     | Cheese &<br>Potato Pie v           | Tomato<br>Pasta Bake v          | Veggie Sausage<br>& Gravy v               | Quorn<br>Nuggets v               | Pizza<br>Selection v                                                |
| THOUS EDICID | Chicken Tikka<br>Flatbread         | Jacket Potato<br>with Tuna Mayo | French<br>Bread Pizza                     | Jacket Potato<br>with Cheese v   | Tomato<br>Pasta Bake v                                              |
| CARBS        | Mashed Potatoes<br>or Crusty Bread | Diced Potatoes                  | Roast & New<br>Potatoes                   | Garlic Bread<br>or Potato Wedges | Potato Crunchies<br>or Pasta                                        |
| PUDDING      | Mousse                             | Waffle                          | Iced Cake                                 | Cookies                          | Fruity Friday A selection of chilled, frozen & fresh fruit desserts |

#### ALL SERVED WITH...

A choice of two vegetables, freshly prepared seasonal salads, crusty bread, fresh fruit salad & yoghurts. **Available Daily:** Jackets with cheese & beans or ham & cheese sandwiches.















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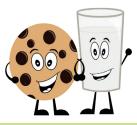
| OPTION<br>1 | Hot Dog<br>with tomato ketchup        | Salmon<br>Fish Finger               | Roast Beef<br>Yorkshire Pudding<br>& Gravy          | Chicken Tikka<br>Masala   | Fish Cakes                                                          |
|-------------|---------------------------------------|-------------------------------------|-----------------------------------------------------|---------------------------|---------------------------------------------------------------------|
| OPTON<br>2  | Quorn Burger v<br>with tomato ketchup | Mac 'n' Cheese v                    | Meat (free) Balls v<br>Yorkshire Pudding<br>& Gravy | BBQ Quorn Fillet v        | Pizza Selection v                                                   |
| EDICED      | Jacket Potato<br>with Cheese v        | Chinese Chicken<br>Flatbread        | Jacket Potato<br>with Tuna Mayo                     | Pasta<br>Neapolitan v     | Jacket Potato<br>with Cheese v                                      |
|             | Potato Wedges                         | Potato Crunchies<br>or Crusty Bread | Roast & Mashed<br>Potatoes                          | Rice<br>or Diced Potatoes | Chips<br>or ½ Jacket Potato                                         |
| PUDDING     | Chocolate<br>Crunch                   | Waffle                              | Ice-cream Tub                                       | Chocolate<br>Shortbread   | Fruity Friday A selection of chilled, frozen & fresh fruit desserts |

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| ( |             | Mac 'n' Cheese<br>Chicken Bake                  | Cottage Pie                      | Roast Chicken<br>Stuffing & Gravy | Beef Burger<br>with tomato ketchup | Fish Finger                                                         |
|---|-------------|-------------------------------------------------|----------------------------------|-----------------------------------|------------------------------------|---------------------------------------------------------------------|
| ( | HOTTON<br>2 | Meat (free) Balls<br>in Sweet & Sour<br>Sauce v | BBQ Veggie<br>Hot Dog & Onions v | Roasted Quorn<br>Fillet & Gravy v | Mediterranean<br>Quorn v           | Pizza Selection v                                                   |
|   | EDIOND      | Jacket Potato<br>with Cheese v                  | Cheese &<br>Tomato Pizza v       | Jacket Potato<br>with Tuna Mayo   | Pasta<br>Neapolitan v              | Jacket Potato<br>with Cheese v                                      |
|   | CARBS       | Crusty Bread<br>or Pasta                        | Potato Crunchies                 | Roast & Mashed<br>Potatoes        | Potato Wedges<br>or Rice           | Chips<br>or ½ Jacket Potato                                         |
|   | PUDDING     | Mini Ring<br>Doughnuts                          | Iced Cake                        | Waffle                            | Ice-cream Tub                      | Fruity Friday A selection of chilled, frozen & fresh fruit desserts |

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